

**Dealing With A Depressed Person: Coping With  
Someone With Depression Or An Anxiety Disorder  
(Bipolar People Book 3) [Unabridged] [Audible Audio  
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Coping with Dissociative Identity Disorder > 2013 Archives We are just really really really depressed right now.

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Dr. Saltz says loved ones of depressed people are sometimes afraid that if they identify with that person, they will also get pulled into the darkness.

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