

**The 100-Mile Diet: A Year Of Local Eating By Alisa
Smith;J.B. Mackinnon**

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J.b. mackinnon

J.B. MacKinnon Independent journalist and author whose works include The 100-Mile Diet, a bestseller that helped catalyze the local foods movement. home; Books;

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Living on the 100-Mile Diet. Eating a truly local diet for a year poses some tricky questions. First in a series. By Alisa Smith and J.B. MacKinnon, 28 Jun 2005

The 100- mile diet : a year of local eating (book,

ISBN: 0679314822 : 9780679314820: OCLC Number: 74028846: Description: 266 p. ; 22 cm. Other Titles: One hundred mile diet: Responsibility: Alisa Smith & J. B. MacKinnon.

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Alisa Smith, a Vancouver-based freelance writer who has been nominated for a National Magazine Award, has been published in Outside, Explore, Canadian Geographic

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MacKinnon, J. B.; Smith, Alisa (2007). The 100-Mile-Diet: A Year of Local Eating. Vintage Canada.

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