

**The 100-Mile Diet: A Year Of Local Eating By Alisa
Smith;J.B. Mackinnon**

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Alisa smith and j. b. mackinnon | georgia

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J.b. mackinnon

J.B. MacKinnon Independent journalist and author whose works include The 100-Mile Diet, a bestseller that helped catalyze the local foods movement. home; Books;

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The 100-Mile Diet: A Year of Local Eating, which is the best-selling 2007 book written by Vancouver Authors Alisa Smith and J. B. MacKinnon. Locally-sourced Food.

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Living on the 100-Mile Diet. Eating a truly local diet for a year poses some tricky questions. First in a series. By Alisa Smith and J.B. MacKinnon, 28 Jun 2005

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ISBN: 0679314822 : 9780679314820: OCLC Number: 74028846: Description: 266 p. ; 22 cm. Other Titles: One hundred mile diet: Responsibility: Alisa Smith & J. B. MacKinnon.

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Alisa Smith, a Vancouver-based freelance writer who has been nominated for a National Magazine Award, has been published in Outside, Explore, Canadian Geographic

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This wildly successful series written by J.B. MacKinnon and Alisa Smith details their commitment to only eat food produced within a 100 mile radius of their home.

J. b. mackinnon - wikipedia, the free

MacKinnon, J. B.; Smith, Alisa (2007). The 100-Mile-Diet: A Year of Local Eating. Vintage Canada.

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